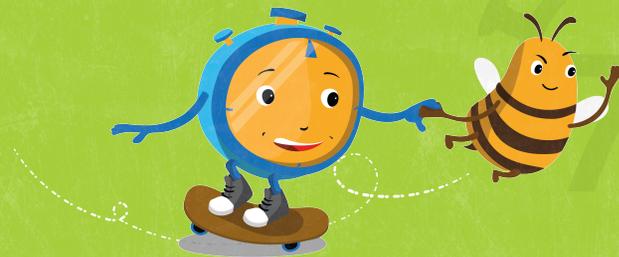


April 18 to 21, 2024

72stunden.de/en

72 STUNDEN

HEAVEN SENDS US
72 HOURS - THE BDKJ'S SOCIAL CAMPAIGN



CAMPAIGN BOOKLET
2024

BDKJ Bund der Deutschen
Katholischen Jugend

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GREETING FROM THE BDKJ FEDERAL EXECUTIVE BOARD



Dear participants in the campaign groups,

From April 18th to 21st, 2024, the motto will be once again: Heaven sent us!

The third nationwide 72-hour campaign is now taking place and you will be realizing countless projects with many young people that will make our world a little better. As young Christians you will be setting an impressive example for your faith. And, you will be part of the largest social campaign in Germany!

However, the 72-hour campaign is not only a nationwide social campaign of the BDKJ in Germany, but also worldwide. After all, the world can be made a little better, not only here in Germany!

For the 2024 campaign to have an impact beyond the borders of the Federal Republic of Germany, young people need to spread the idea of the campaign and inspire others.

Your campaign booklet, which you now have in front of you, will accompany you during the campaign. It contains a lot of valuable information to support you, from brainstorming to successful implementation. You can also find more information at 72stunden.de. We are constantly adding new materials and tools to the download area. Browse through the many tips and suggestions and be inspired!

At a time, when we are facing many different challenges, your commitment is particularly important. You have committed to doing good and tackling issues where you see that help is needed. Your willingness to work for the good of others shows that solidarity and team spirit are not just empty words for the members of youth associations, but real values that are actively practiced. Through you, Christian faith becomes meaningful.

We do not doubt that the 72-hour campaign will be a complete success again this year - we are very sure of that! This is only possible because of you: we would like to thank you for your commitment, your ideas and your enthusiasm and wish you a successful preparation and fantastic 72 hours!

Your BDKJ Federal Executive Board

Lena Bloemacher, Daniela Hottenbacher, Stefan Ottersbach, Gregor Podschun

GREETING FROM THE PATRONS

GREETING FROM LISA PAUS, FEDERAL MINISTER FOR FAMILY AFFAIRS, SENIOR CITIZENS, WOMEN AND YOUTH

Dear committed young people,

The countdown is on for the next 72-hour campaign: From the renovation of a school café to the waste collection campaigns across the dioceses, the marathon visits to retirement and care homes and the redesign of a parish garden - many great projects can already be found on the campaign website. Your commitment is as diverse as life itself.

The 72-hour campaign of the BDKJ brings young people together in thousands of places throughout the country. Every single project contributes to strengthening cohesion and solidarity, whether in the countryside or in the city, in church communities, with the scouts or in other youth associations. For me, the 72-hour campaign is an encouraging sign, a proof of: Together, we can make our society a little better.

It is important to me to make the voices of committed young people like you heard. That's why I launched the „Alliance for the Young Generation“ last year. We need you - your ideas and your commitment.

I wish you lots of fun, success and new experiences for the 72-hour campaign. I am convinced that your projects will have an impact beyond the 72 hours.

Yours

Lisa Paus MP

GREETING FROM BISHOP DR. GEORG BÄTZING, CHAIRMAN OF THE GERMAN BISHOPS' CONFERENCE

Dear participants in the 72-hour campaign!

„Heaven sent us“ is your self-confident motto, and I thank you very much for allowing yourselves to be sent in this spirit. You say „YES, here I am“ and are given a mission for your group. Your commitment is an important sign of solidarity and I am excited to see what you will achieve in 72 hours. In this short time, as part of the large group of action angels, you are doing what we need much more of in the church and society. Because our coexistence can only succeed if we live together in solidarity and try to help each other and alleviate hardship wherever we can. As Christians, we are called and sent to do this in a special way. Some of you will be familiar with the parable of the Good Samaritan, who helps a stranger without having to and without expecting anything in return. He sees the need and helps. He lends a hand and, like you, makes „the world a little bit better“. You are the Samaritans of today. You are the ones who lend a hand and help without asking what's in it for you. You deserve great respect and, above all, thanks. I am therefore all the more pleased to be able to support the 72-hour campaign as its patron.

You can be proud of yourselves and your commitment! I sincerely hope that you have a lot of fun with your projects during the 72 hours and that you continue to fly as angels.

THANK YOU from the bottom of our hearts for your commitment - heaven sent you!

Bishop Dr Georg Bätzing,

Chairman of the German Bishops' Conference

THE BDKJ INTRODUCES ITSELF



The Federation of German Catholic Youth (BDKJ) was founded in Hardehausen in 1947 and has maintained its focus throughout its 75-year history: **catholic. political. active.**

It unites 17 Catholic youth associations with around 660,000 members under one roof. It represents the interests of children, adolescents and young adults in the church, politics and society, giving young people a strong voice. The BDKJ aims to empower children and young people to make critical judgments and act independently on the basis of Christian responsibility. This includes campaigning for a just world based on solidarity - for example in the 72-hour campaign. As a social force in the church, the BDKJ

sees changes and challenges through the eyes of young people and stands up for their interests, contributing to the development of the church, society, the state and international relations.

The BDKJ is organized in municipalities, districts, federal states and in the federal territory as well as in church territories such as deaneries, regions and 26 German dioceses.

The BDKJ Federal Board currently consists of Lena Bloemacher, Daniela Hottenbacher, Gregor Podschun and Stefan Ottersbach.

THE YOUTH ORGANIZATIONS IN THE BDKJ INTRODUCE THEMSELVES

The Catholic youth associations in the BDKJ have been making a major contribution to the Church, the state and society for more than 75 years. This is us - approximately 660,000 children, adolescents and young adults in the Catholic youth associations nationwide:

- Association of Catholic Student Fraternities (AGV)
- Action West-East
- Association of the St. Sebastianus Schützenjugend (BdSJ)
- Christian Workers' Youth (CAJ)
- DJK
- German Scout Association of St. George (DPSG)
- International Building Order
- Youth associations of the Gemeinschaft Christlichen Lebens (J-GCL)
- Catholic Young Community (KjG)
- Catholic Rural Youth Movement of Germany (KLJB)
- Kolping Youth
- Catholic Student Youth (KSJ)
- Girl Scouts of St. George (PSG)
- Quickborn working group
- Schoenstatt Boys' Youth (SMJ)
- Unitas

INTRODUCTION OF THE SUPPORTERS



Bundesministerium
für Familie, Senioren, Frauen
und Jugend

Federal Ministry for Family Affairs, Senior Citizens, Women and Youth
[bmfsfj.de](https://www.bmfsfj.de)



DEUTSCHE
BISCHOFSKONFERENZ

German Bishops' Conference
[dbk.de](https://www.dbk.de)

misereor
GEMEINSAM GLOBAL GERECHT

Misereor
[misereor.org](https://www.misereor.org)



Hilfswerk für den Glauben

**bonifatius
werk**

Bonifatiuswerk of the German Catholics
[bonifatiuswerk.de](https://www.bonifatiuswerk.de)



Renovabis

Solidaritätsaktion der deutschen Katholiken
mit den Menschen in Mittel- und Osteuropa

Renovabis
[renovabis.de](https://www.renovabis.de)

WHAT IS THE 72-HOUR CAMPAIGN?

From April 18th to 21st, 2024, many thousands of children, teenager and young adults across Germany and beyond will be getting involved in social projects in their immediate surroundings, just like you, under the motto „Heaven sent us“. Basic information can also be found on the website in English, Spanish and other languages.

WHAT IS IT ALL ABOUT?

You will take on the challenge of solving a charitable, social, political, ecological and/or intercultural task with commitment and fun in exactly 72 hours. Together we want to make the world a little better based on our Christian understanding. Through the 72-hour campaign, you will show what solidarity can achieve and how the seemingly impossible can be accomplished through the creativity and know-how of everyone involved.

DURING THE 72-HOUR CAMPAIGN YOU WILL:

- move mountains together
- make the world a better place in three days
- try something new
- Experience something unforgettable with your friends
- help where help is needed

HOW DOES IT WORK?

It starts on Thursday, April 18th, 2024. From 5:07 p.m., you have 72 hours to tackle your project and put it into practice creatively. You choose the task yourself. We explain what such projects can look like from page 9 onwards.

On Sunday, April 21st, 2024, at 5:07 p.m. sharp, you have made it. Your task is completed, your project is realized. You can be really proud of yourselves! Now it's time to celebrate together - whether in your group or together with the other groups of the 72-hour campaign, with your project partners, with your celebrity sponsors.

WHAT ARE THE BENEFITS?

Fun, curiosity, excitement - you probably have many reasons for signing up for the 72-hour campaign. And it's not just the people you're helping who will benefit from your participation - you will too!

In the 72 hours you are:

Christian

Your faith and your love for your neighbor materialize through your actions during the campaign.

Part of something big

Together with many other campaign groups throughout Germany and around the world, you are showing how the seemingly impossible can be achieved.

Political

You are committed to issues that are important for children and young people in our society.

Reliable

As always, you are so committed that people can rely on you.

Learners

You contribute your talents, take on responsibility and practice teamwork, independence and creativity.

In the spotlight

You show what you are made of and others notice this.

Sent from heaven

You draw attention to grievances and problems, actively stand up for others and thus change the world for the better.

Networkers

With your campaign, you bring together a wide range of local stakeholders and create more community.

72 HOURS - TOGETHER WE ARE STRONG!

We are delighted that you are taking part! Thank you very much in advance! Together we will move mountains! We wish you lots of fun at the 72-hour campaign 2024!

72 HOURS SPIRITUAL

For us, faith and spirituality are not mere components of the 72-hour campaign. Our faith is the main pillar of the campaign for us, because it is the reason why we come together in our groups and make the world a little better.

That's why it is nice to have short moments of reflection during work. We have put together a Spirit package for you in the campaign kit, which you will receive before the campaign. It includes:

CAMPAIGN PRAYER

As in previous years, there will be a campaign prayer in business card format. This can accompany you throughout the 72 hours.

CANDLE TATTOOS

We include candle tattoos for your own candles. You can use them to personalize your candle - just the way your campaign group wants it.

PROJECTS

The 72-hour campaign can take place worldwide as part of international youth encounters, for example...

- ...as a work camp abroad - a German group visits an existing or new partner structure and carries out a social or ecological project on site.
- ...as a work camp in Germany - a foreign group takes part in the campaign in Germany.
- ...as a parallel 72-hour project, which the groups carry out at their respective places of residence and about the progress of which the partners inform each other with the help of digital media.

You as a campaign group (together with the group of your partner structure) think about a project that you would like to implement. You are in charge of everything from the idea to the planning to the implementation of the project. You draw up a plan for the three days, find partners and/or sponsors and take care of everything else. Your contact partners will only check whether the project fits the criteria of the campaign and will provide you with support and advice if necessary.

CRITERIA FOR A 72-HOUR PROJECT

With the 72-hour campaign, we want to make a positive impact in your social environment and, if necessary, eliminate grievances. In other words, we implement projects for others and do not, for example, renovate our own group room. As an alternative to projects with a direct local connection, it is of course also possible and desirable to carry out projects as part of an international partnership and thus express solidarity and togetherness with people in other countries and from other cultures and religions.

The activity should be fun, but also challenging: You are given a big task, gain new experiences and grow beyond yourselves. You take on a challenge together! This motivates all participants and makes the activity an experience for all of you!

THE MOST IMPORTANT FACTS AT A GLANCE

Title

The official title of the campaign is: „72 hours - the social campaign of the BDKJ in Germany“. In short form, we speak of the 72-hour campaign.

Motto

To make it clear that we draw the motivation for the projects from our faith, the title is combined with the claim „Heaven sends us“.

Campaign area

The campaign is a joint project of all diocesan and youth associations of the BDKJ in Germany. In addition, other groups worldwide are also invited to take part in the campaign. The campaign will take place everywhere at the same time.

Campaign times

The 72-hour campaign starts April 18th, 2024 at 5:07 p.m. and ends April 21st, 2024 at 5:07 p.m.

Who can take part?

The campaign is open to all people who want to stand up for a solidary, open and just society. The basic prerequisite for participation is the willingness to get involved for others and agreement with the values of the BDKJ and its associations, such as solidarity, tolerance and openness to the world. Of course, this does not only apply to local groups of the BDKJ youth associations, but also to school classes, sports clubs, university groups, youth fire departments or any other conceivable group of young people who are also cordially invited to take part.

Organization

The nationwide networking group, which is made up of representatives of the BDKJ youth associations, the BDKJ diocesan associations and the BDKJ federal office, determines the framework conditions for the 72-hour campaign that are binding for all participants.

Contacts

The project office at the BDKJ Federal Office is available to answer all your questions and will direct you to the right person if necessary. Marta Wyspiańska, consultant for international youth work, is the contact person for international groups and is happy to support them in planning their projects (email address: wyspianska@bdkj.de).

You can find all contact details and information here: 72stunden.de/en

Merchandising and advertising material

You can find a plush version of our 72-hour mascot Stoppi and some other products in the store at store.72stunden.de. In our design generator (design.72stunden.de) you can generate graphics for your social media channels and also design and order posters, flyers and stickers.

More information ...

... on the official website 72stunden.de/en !

You can find a complete overview of frequently asked questions [here](#).

HOW DID YOU COME UP WITH YOUR PROJECT?

You have successfully registered for the campaign. Here you will find a brief overview of the next steps, depending on the option you have chosen.

WHAT BASIC CRITERIA NEED TO BE CONSIDERED?

The projects should:

- aim to make the world a little better in 72 hours
- be related to the real world or internationally orientated
- shape coexistence
- challenge
- enable new experiences
- be customized
- be realizable within 72 hours
- be designed sustainably

The projects should not:

- be self-serving
- take on a stopgap role

- use cheap labor because there is no money for construction professionals

Projects can also be shorter than 72 hours. Get as involved as your resources allow.

Now it's time for you to come up with ideas. During the 72-hour campaign, we want to make the world a little better with realistic local projects. So when you are developing your project, start by taking a closer look at your living environment.

Which people live in your neighborhood or village? What places are there to meet up? Are there attractive offers for children and young people, but also for young adults and older people? What problems are there in your town or community? If you get to the bottom of these and similar questions, the 72-hour campaign offers you the opportunity to get involved in a charitable, social, ecological, intercultural or political project for the positive development of your village or town.

Use all these suggestions to copy, adapt them or develop new ideas from them. You can also ask other local youth work groups what topics, ideas or activities they incorporate into their everyday activities. Or make yourselves aware of the disadvantages and problems you have recently noticed locally that urgently need to be changed.

We are sure that with all this information you will find cool, creative and versatile projects that will make the world a better place! We are very excited to see what you come up with.

Here you can find an overview of international projects from the last 72 hours campaign!

BEFORE THE CAMPAIGN

You have registered as a campaign group and are now developing your own project. However, there is more to do in addition to implementing the project.

Organize material

You will receive your action kit before the start of the campaign. It contains a few things for you as a participant.

To advertise the 72-hour campaign, you can design posters, flyers, stickers and more individually via design.72stunden.de and either print them out yourself or simply order them there. You can also design pictures and graphics with Stoppi and Sabiene for your Instagram channels. Feel free to use the hashtag **#72h** when posting on Instagram and co. This way, your posts will also appear on the social wall on 72stunden.de during the campaign. For international projects, there is also the hashtag **#72hworld**.

You will also need premises that you can use for the event. They should be used for resting, eating, drinking, possibly cooking and staying overnight. To ensure good networking and public relations, you will also need a computer or smartphone and a working internet connection or sufficient mobile data.

It is also important to check during the development of your project which materials you cannot obtain at short notice and which need to be organized in advance.

Prepare your project

Planning and preparing your project is important. Discuss with your project partners what best to prepare before the 72-hour campaign - for example, obtaining permits or getting materials. Take care of financial and material donations, prepare press releases and perhaps meet with your sponsors.

But be careful: a project that is planned and organized down to the smallest detail in advance often diminishes the spontaneity and liveliness of the campaign.

Making contacts and networking

Many contacts can be helpful for your project. Do you spontaneously need another donation of materials? Have you run out of food? Do you need staff support? If you network with multipliers, donors, sponsors, and people from the social area before the event, short-term help is less complicated. It is also valuable to have people behind you who will support and strengthen your campaign.

Press and public relations

The 72-hour campaign not only aims to implement social projects for other people, but also to make faith tangible and visible through your actions. This can be achieved through good press and public relations work. You should get in contact with local media partners at an early stage. Tell many public officials about your plans. You can advertise for support in the media before the campaign, report on it during the campaign and present your results after the campaign. You should also make agreements with the participants regarding image and sound recordings and, if necessary, obtain the consent of legal guardians. Feel free to pass on pictures, videos or even texts about your project to the BDKJ Federal Office so that it becomes clear that the 72-hour campaign takes place worldwide and not just in Germany and brings different participants into contact with each other.

Motivation

It can happen that your motivation wanes a little in the long time from registration to the campaign. This is completely normal, and you can counteract this. Take your time and think again about what exactly motivates you to take part. Think together about why you want to take on this challenge. Discuss what everyone in your group expects from the 72-hour campaign. Here are a few possible questions

- You are taking part in the 72-hour campaign! But why? What were the reasons for your registration?
- Would you like to really achieve something with your group, even if it means staying up late if necessary?
- What will you particularly enjoy?
- How can you „make the world a little better“?

CHECKLIST FOR A SUCCESSFUL CAMPAIGN

- Would you like to realize your project in cooperation with another group or organization?
 - Have you registered on 72stunden.de? Have you posted a photo of your group?
 - Are your contact details up to date, not only on 72stunden.de, but also on your other websites (Instagram, homepage, etc.)?
 - Have you applied for exemption from school and time off for the participants in your group?
 - Do you have the consent of those involved in your project that you and any press present may publish photos?
 - Have you insured yourselves and the material?
 - Are schools, your pastor, mayor, press, etc. informed?
 - Have you found donations and sponsors? Have you looked at where you can apply for funding?
 - Are all parents informed?
 - Do all group members know when and where you are meeting?
 - Where is your campaign center?
 - Do you have Internet there?
 - Where do you stay, what do you eat and drink?
 - Have you planned a service or impulses?
 - Do you know which of you is good at what?
 - Have you put together a motivational package (e.g. with favorite music, snacks) for the helpers?
 - Who takes care of a first aid emergency kit?
 - Do you know who to contact if you have any questions or need help during the campaign?
 - Who has the emergency numbers and always a cell phone at hand?
 - How do you want to kick off your campaign? And how do you want to celebrate the end of your campaign?
 - Do you still have questions that need to be clarified? If so, which ones?
 - What else do you want/need to think about?
-
- Have you entered your project idea in your profile on the homepage?
 - Have you planned your project and thought about how you want to proceed?
 - Are all tasks defined and distributed?
 - Do you know where you can get everything you need, such as materials, to implement your project?
 - Do you need further support to implement your project?

IF YOU CARRY OUT YOUR PROJECT IN COOPERATION ...

- Have you clarified everything with your cooperation partners?
- Have you signed a cooperation agreement?

DURING THE CAMPAIGN

It's Thursday, April 18th, 2024, and the 72-hour campaign lies ahead of you. You are highly motivated but also excited: What will happen in the next 72 hours?

Prelude

The minutes before the official starting signal will be passed with a joint countdown via livestream together with the BDKJ Federal Executive Board. You can follow this online. From this moment on, everyone can start their project.

You may also start the campaign together with other groups from your area at a regional kick-off event, where you can watch the countdown livestream. If you are organizing your own kick-off event, you will receive all information about the livestream on 72stunden.de before the start of the campaign.

Project planning

You move into your campaign center. This can be in your group rooms or a „mobile office“ at the location. You go through your preparations thoroughly once again. Sit down together and think about it together:

- What exactly do we have to do?
- How do we proceed? In what order?
- What do we need to get?
- Who can take on which jobs?
- Do we need additional support?

You can record your approach, ideas and to-do lists on a large poster, roll of paper, blackboard, pin-board or similar. This is practical because everyone in your group can then find out about the current status quo of the project at any time.

As leaders, you should give the group members plenty of room to work independently. Of course, younger children in particular also need guidance. You need to be sensitive here: only give as much support as necessary and as much independence as possible.

Breaks

Plan breaks. Working and organizing for 72 hours is exhausting. That's why breaks are an important part of the campaign. Also sit down together regularly and check how things are going. Is everyone happy? Does everyone know what they are supposed to be doing? Do you still have enough energy? You can also redistribute tasks or change existing schedules together.

Spirituality

Start the day together, for example with a prayer. A short pause in the afternoon or evening can also give you a lot of strength. Otherwise, see what suits your group best: Should a church service be held? Are you planning to hold devotions? Should there be an interfaith prayer? Think about where and when spirituality can be incorporated into the activity.

Press and public relations

Especially during the campaign, you should also show the outside world what you are doing. You can use social media in particular to make your commitment visible. This not only serves to concretize your faith, but it can also be very motivating for you when people support your work. You can also get support quickly if needed when you report on your campaign in public. The KoKreis or the diocesan steering group will support you in this.

Visits to your group

Visitors may drop by to get to know your project and talk to you. Many politicians or representatives from the church context want to support the campaign and experience live how you are making the world a little better locally in 72 hours.

Plan for one person from your group to spend some time with the guests during such a visit. As a rule, you will of course know in advance who would like to visit you and when, and you can also decline if it doesn't suit you. However, we would like to encourage you to use this opportunity to show what exciting projects you are implementing for a better world! Youth association work needs advocates in politics, the church and society, for example to secure long-term funding for our work. The press often comes along to such visits, so perhaps this is also a great opportunity for you to appear in the newspaper and advertise your work on site!

Motivation

72 hours can be a damn long time. Even the best team is not immune to slumps. So, pack things that will get you out of a slump quickly: favorite music, your own motivational call, warm-ups for body and mind, sweets and fruit ...

Remind yourselves of your motivation and why you want to achieve your goal together. Clarify what you need so that you can work into the night if necessary. Perhaps assign new responsibilities or find motivated people to support you by calling for help. Take a short break and enjoy what you have already achieved together. And then you can continue with renewed energy! Also look for people who can motivate and drive you from outside.

Conclusion

After so much work, you should not miss out on celebrating! How and with whom you celebrate will certainly depend on your 72-hour task - and whether a closing event is planned in your region. Nevertheless, you should celebrate your successful project together with your project partners and supporters. You can also explain to everyone exactly what you have done and how.

AFTER THE CAMPAIGN

Reflection

The 72-hour campaign and the final party are over and you've had a good night's sleep. Now it's time to reflect on the campaign in your group. Reflecting makes you aware of what went well and where you may have had problems working together. This is an important step in bringing the project to a proper conclusion for you and at the same time learning for the future how you can organize yourselves better in one place or another and avoid conflicts.

When reflecting, ask yourself the following questions, among others:

- How did the preparation and implementation go?
- What was good, where did it perhaps get stuck?
- What were the benefits of participating in the 72-hour campaign for the group?
- What happens next?

You can also guide your reflection in a playful way. There are numerous methods for this, which you can read about on 72stunden.de.

There will also be a nationwide evaluation. A questionnaire will be published immediately after the campaign. This will be sent to you by e-mail or you can answer it at evaluation.72stunden.de. This questionnaire will help all levels of the campaign to better prepare a possible next campaign.

Sustainability

During the 72 hours, you have not only made the world a little better, but you have also made new contacts and worked together with various cooperation partners. Think together about which contacts you want to maintain after the campaign, which people are new to your group and how you can continue to inspire them for your work or how you can receive support from donors and politicians even

after the 72-hour campaign. The campaign is a good starting point for further cooperation. Perhaps your group was a temporary group and now you would like to make it permanent, or you are interested in continuing your social commitment beyond the 72-hour campaign. If so, the youth associations in the BDKJ will support you in getting involved and advise you on ways to get involved in youth association work.

And then?

We look forward to seeing how you all get on after the challenging 72 hours together. Maybe you would like to reminisce a little more? Perhaps contacts will be maintained? Maybe you and your group have been strengthened by the campaign?

The website and social media accounts are just the thing for you to stay in touch with the campaign. You may have taken photos and videos yourself that you would like to publish and present in a suitable form or that you would like to share in your group.

Perhaps you will continue to take care of your 72-hour project? Even after the campaign, you will certainly have lots of ideas on how you can make the world a little better. Because: Heaven sent us! - and not just for 72 hours.

72 HOURS ONLINE

Duty of supervision

We certainly hope for the best, but an accident can always happen during such a big event. That is why it's important that each group nominates one person who is responsible for supervising the group.

Further legal issues

Building permits or other approvals may be required for certain projects, while for others fire safety requirements must be taken into account. Keep an eye on this for your project and get in contact with the relevant authorities, fire department, emergency services, etc.

Data protection & image rights

The 72-hour campaign requires a lot of personal data from participants in order to ensure that the campaign runs smoothly. It is important that the data is handled sensitively and responsibly. When registering participants for your campaign, please ensure that only necessary data is collected and that you obtain the necessary declarations of consent.

In addition, pictures will also be taken during the campaign, which will be used for press and public relations work in the various media. Again, make sure that you follow all the rules and guidelines. If in doubt, consult with your diocesan association and co-circle, they know the guidelines and can provide the appropriate forms if necessary.

PREVENTION AND CHILD PROTECTION

In our youth association work, we protect children and young people. We do this by treating each other with respect and adopting a vigilant attitude. During the 72-hour campaign, we ensure compliance with the protection concepts for the prevention of sexualized violence and act in accordance with our codes of conduct.

We respect the rights of children and young people! We listen to them and treat them with respect and trust. We encourage them to develop their personality, formulate their own needs and concerns and act with self-confidence. We expect them to treat themselves and others with respect. We are there for them. We respect their boundaries and deal responsibly with closeness and distance. In this way, we work preventively and create a successful framework for the protection of children and young people.

As leaders of the action groups for the 72-hour campaign, you are also responsible for preventing sexualized violence. We would like to take this opportunity to give you a few tips on the topic of prevention - as a refresher and for inspiration.

Prevention? - We've heard it all before ...

And that is also right and important. The issue of protection against sexualized violence must not be forgotten. Prevention has to be a natural part of every event. By now, all congregations, institutions and church organizations should have their own protection concept. Find out which church office is responsible for your group and who the contact persons are for the prevention of sexualized violence.

It may also be helpful to carry out a risk analysis for the 72-hour campaign. This is particularly recommended for larger groups and groups in which there are many minors. Such a risk analysis can be used to develop recommendations for the campaign? to minimize risks. If you are unsure and need support, ask the person responsible for prevention in your association or municipality.

As a leadership team, think about the rules that apply to your group and how you want to communicate them. Set up a room or an area for the activity where the participants can retreat to and where they can rest and wind down.

During the campaign

The prevention of sexualized violence should also be present during the campaign. Children and young people need to feel and experience a culture of attentiveness, appreciation and respect. They need to know that they will be taken seriously, that they can speak openly and expect help, because they should feel comfortable with us and find safe living spaces.

When you explain the rules and organizational matters before the start of the event, also state who children and young people can turn to if they wish to express criticism or feel uncomfortable. Make it clear how complaints will be dealt with and show that you take them seriously. You should also think about an age-appropriate method for explaining the rights of children and young people and the procedure for dealing with suspected cases.

What do I do in an emergency?

Unfortunately, perfect protection is not possible even with the best prevention. This guide will help you to act prudently and responsibly. You should always keep these three rules in mind:

- The protection of children and young people comes first!
- Keep calm!
- Get help!

HAVE FUN!

Dear participants in the campaign groups,

The countdown is running inexorably and the 72-hour action 2024 is getting closer and closer! On behalf of the entire federal networking group, we would like to say: Have fun! We hope that this campaign will be an unforgettable experience for you.

If you have any questions or concerns, please do not hesitate to contact your diocesan association or district or the project office at the BDJ Federal Office at any time. We are here to support you and ensure that your 72-hour campaign runs smoothly.

We are convinced that you will achieve great things and we are looking forward to the preparations and all the great projects and moments!

Your federal networking group

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